



When Meeting Your Legislator

- **Schedule an appointment ahead of time. ****
- **Bring with you any resources** (fact sheets, data, etc.) that support your message.
- **Plan your message ahead of time.** Prepare key notes that will help keep your thoughts organized once you are in the meeting.
- **Remember to let them know how the legislation affects your municipality and citizens.**
- **Following your visit, take time to write a thank you letter or e-mail** expressing your gratitude.
- **Contact a member of the Advocacy Team to report the outcome of your call.**
 - ▶ Greg Cochran: (334) 546-9092 or gcochran@almonline.org
 - ▶ Kayla Bass: (334) 318-8925 or kbass@almonline.org
 - ▶ Bryan Parker: (334) 324-9430 or bparker@almonline.org
 - ▶ Baker Allen: (205) 936-6526 or ballen@almonline.org

To reach members of the House: **(334) 261-0500**

To reach members of the Senate: **(334) 261-0800**

Specific contact information for your Representative or Senator can be found by visiting:
www.legislature.state.al.us

**** Understand that schedules may change at the last minute when legislators are in session, be flexible.**